



## Prayer and Fasting Guide

6th -12<sup>th</sup> January 2019

### Theme: Isaiah 60:21-22 A thousand, a mighty Nation!

“Then all your people will be righteous and they will possess the land forever. They are the shoot I have planted, the work of my hands, for the display of my splendor. The least of you will become a thousand, the smallest a mighty nation. I am the LORD; in its time I will do this swiftly.”

#### Our vision

We see a vital movement of the Gospel, fueled by **prevailing prayer**, flowing freely through relational networks and out into the nations. Workers for the Kingdom are next door to everywhere!

#### Sunday 6<sup>th</sup> - Thanksgiving for 2018 - Psalm 105

- ❖ Thank God for his protection , good health, Guidance, achievements etc
- ❖ For time with our family and friends over the Christmas holiday.
- ❖ For the privilege to see yet another year, 2019.
- ❖ Thank God for what He has done in and through us as we labored in our different contexts.

#### *Prayer Quote of the day*

*"The reality is, my prayers don't change God. But, I am convinced prayer changes me. Praying boldly boots me out of that stale place of religious habit into authentic connection with God Himself." - Lysa TerKeurst*

## **Monday 7<sup>th</sup> – Personal dedication - Psalm 27:4**

- ❖ Thank God for his faithfulness.
- ❖ Ask God to reveal to you this year ,great and hidden things which you have not known Jeremiah 33:3
- ❖ Ask God to draw you to a closer walk with Himself- Jer 9:23-24  
Ask the Lord to use you to be fruitful in your context and make you into a thousand and a mighty nation.

### *Prayer Quote of the day*

*"True prayer is a way of life, not just for use in cases of emergency. Make it a habit, and when the need arises you will be in practice." Billy Graham*

## **Tuesday 8<sup>th</sup> : Families to become a thousand.**

Core value: Family and relational network in discipling the nations.

- ❖ Pray that God will draw the unsaved members to himself- John 6:44
- ❖ Thank God for those who are already part of the fold.
- ❖ You will be intentional in reaching to your family-Mark 5:19
- ❖ Unity in the family -Psalm 133:1
- ❖ God's protection over marriages
- ❖ Providence-health, protection, finances and other needs

### *Prayer Quote of the day*

*"Our prayers may be awkward. Our attempts may be feeble. But since the power of prayer is in the one who hears it and not in the one who says it, our prayers do make a difference." - Max Lucado*

## **Wednesday 9<sup>th</sup> : Ministries to become a thousand - Psalm 2:8**

Nav youth, Students, women, Missions, prayer, parenting, NCM

- ❖ You will remain in God and be fruitful John 15:5
- ❖ Pray for compassion as you minister- Math 9:36
- ❖ Thank God for the people you minister to and those who gave their lives to God.
- ❖ Many will come to the Knowledge of God

## ***New frontiers to become a thousand - 2 Peter 3:9***

Urban Majority, Rural, Focus and Market place

- ❖ God will open ways for us to expand - Isaiah 45:1-3
- ❖ Wealth of Ideas as we reach out to these areas
- ❖ Gospel workers to be strengthened
- ❖ Many will encounter God

*Prayer Quote of the day*

*True prayer is neither a mere mental exercise nor a vocal performance. It is far deeper than that - it is spiritual transaction with the Creator of Heaven and Earth." - Charles Spurgeon*

## **Thursday 10<sup>th</sup> : Regions to become a mighty nation - Ecc 4:9-12, 1 Cor 12:12-27**

Nairobi, Nakuru, Machakos, Mombasa, Eldoret, Tisinye, Kakamega, Muran'ga, Embu Kitui

- ❖ Love and unity among the staff
- ❖ That God will expand us to other regions in Kenya
- ❖ Thank God for the new ministry in Kitui
- ❖ Grace to be expressed among Gospel workers
- ❖ Pray for the regional leaders

*Prayer Quote of the day*

*"Prayer should not be regarded as a duty which must be performed, but rather as a privilege to be enjoyed, a rare delight that is always revealing some new beauty." - E.M. Bounds*

## **Friday 11<sup>th</sup>: Leadership**

### **Navigators leadership -John 15:6, James 3:17, Luke 22:24-28**

International, Africa and National leadership.

- ❖ Thank God for our leaders.
- ❖ Pray for Chris and Anne Amulo our National Director and the NLT (National Leadership Team) to submit to God's voice and guidance as they steer the work in Kenya.
- ❖ Pray for our regional and entity leaders to shepherd with compassionate heart and skillful hands.
- ❖ Thank God the New Africa director Edward and Christine Mupada and pray for God's wisdom in their new role.
- ❖ Thank God for Bulus and Salama Bossan for their service in the Africa work and pray for a smooth transition to USA and their new role in the International Executive Team.
  
- ❖ Pray that God will strengthen and guide Mutua and Stephanie Mahiaini and the IET to accomplish His purposes in the Navigators and beyond.

### **The Nation of Kenya to become a thousand-Ezek 22:30**

- ❖ Thank God for peace, freedom to worship and preach the gospel
- ❖ Pray for the body of Christ
- ❖ Pray against Corruption, greed and injustice Rom 8:21
- ❖ Pray for the 3 arms of government (Judiciary, Legislatures and Executive)
- ❖ Pray for our president and his deputy, Governors, senators, Mps, MCAs. 1 Tim 2:1-2, Psalm 2:10-11,
- ❖ Pray for prosperity in Kenya -Jeremiah 29:7
- ❖ Thank God for the Land of Kenya and His sustainance.

*Prayer Quote of the day*

*"To be a Christian without prayer is no more possible than to be alive without breathing." - Martin Luther*

## Saturday 12<sup>th</sup>: Corporate prayer- Suggested program

Time	Activity
9:00 am - 9:30 am	Worship
9:30 am - 11:00 am	God focused prayer session 1
11:00 am - 11:15 am	BREAK
11:15 am - 12:45 pm	God focused prayer session 2
12:45 pm - 12:55 pm	BREAK
12:55 pm - 2:00 pm	Time alone
2:00 pm - 2:30 pm	Pray for one another
2:30 pm - 3:30 pm	Core values and vision
3:30 pm - 4:00 pm	Praying through the promises individually
4:00 pm - 4:30 pm	Praying through the promises corporately
4:30 pm - 4:45 pm	BREAK
4:45 pm - 5:45 pm	Ministries and Nation
5:45 pm - 6:00 pm	Pray for the Navigators leadership
6:00 pm - 6:20 pm	Communion

### *Quote of the day*

*"Prayer shouldn't be casual or sporadic, dictated only by the needs of the moment. Prayer should be as much a part of our lives as breathing." -Billy Graham*